



## **Footwear Rules:**

### **Football Manitoba has a No Screw-In Cleat Policy**

#### **Canadian Rule Book for Tackle Football**

#### **(Rule 1 – Section 11 – Article 4)**

1. Minimum of seven cleats per sole, with a minimum cleat tip diameter of 3/16 inch (4.8 mm)
2. Additional cleats may be of lesser tip diameter, provided the maximum length is ½ inch.
3. Maximum cleat length of ½ inch (12.7mm)
4. A cleat made of metal or with a metal tip is illegal.
5. Illegal cleats include those made of metal, or with a metal tip, or made of any material that burrs, chips or fractures.

Equipment designed to protect the player and reduce the risk of injuries has been clearly specified by the rules. Officials should immediately remove any player who is not properly equipped and not permit their re-entry until the situation has been corrected. Officials should be aware that no agreement between coaches or players will absolve them from liability in case of injury to a player who is allowed to play knowingly without the specific equipment. The coach is responsible for ensuring that their players are properly dressed. It is not intended that the officials should check all players before the game but at any time before or during the game, if illegal or inadequate equipment is noticed, the player must be removed until properly equipped. To ignore the inadequate equipment may place the official in jeopardy of liability in case of player injury.

(See Example Pictures Below)

# Molded Plastic Cleat



## Molded Rubber Cleat



## Molded Rubber Cleat



Screw-in Cleat (**Not** Approved by Football Manitoba)

